

Name of the course
Paper No.
Name of the paper
Semester

: Master of Physical Education (M. P. Ed.)
: MPE-0803(Ix)
: Game of Specialization: Hockey
: II (May/June 2025)

Your Roll No.....

Duration: 3 Hours

Maximum Marks: 50

Instruction to Candidates:

*Question paper consist total of eight questions
Candidates have to attempt any five questions
All questions carry equal marks*

- Q1. Explain the techniques of coaching during different phases of a match (pre-match, during, and post-match). Provide examples of how these techniques can be applied effectively.
- Q2. Describe the process of talent identification in hockey. What factors should be considered to select the winning combination of players for offense and defence?
- Q3. Discuss the principles and objectives of a modern coaching philosophy. How does a well-defined coaching philosophy contribute to the success of a hockey team?
- Q4. Discuss the significance of anthropometrical and physiological considerations in hockey player development. Provide examples of how these factors influence training and performance.
- Q5. Develop a comprehensive marketing strategy for a national-level hockey tournament, including sponsor identification, fund-raising, and media engagement.
- Q6. Discuss the importance of psychological preparation for a hockey player. What psychological qualities should a player develop to enhance performance?
- Q7. What are the principles of load and adaptation in training? Discuss how these principles can be applied to prevent injuries in hockey players.
- Q8. Describe the process of managing a team during competitions. What are the key responsibilities of a coach in ensuring effective communication among team management personnel?